



2010 Nina's Womens Tri

Name	Bib No	Swim Time	Ride Time	Run Time	Tot Time
Carmel Easton	1	7:16.3	27:51.5	9:39.9	44:48.0
Marisa Frazer	2	6:26.8	28:51.2	10:22.6	45:41.0
Debbie Brace	3	4:46.0	27:12.1	13:30.7	45:29.0
Julie Charlton	4	5:27.2	26:18.1	11:54.9	43:41.0
Christine Clark	5	5:18.2	26:21.6	11:29.9	43:10.0
Joanne Cramp	6	4:32.8	24:08.3	9:25.1	38:07.0
Joanne de Cruz	7	5:01.2	29:33.8	13:35.9	48:11.0
Francesca Duncan	9	5:08.5	30:36.9	9:46.0	45:32.0
Jacinta Fazey	11	4:15.3	24:29.9	10:17.9	39:04.0
Marnie Fulton	12	4:43.5	25:53.6	10:59.9	41:37.0
Sarah Grant	13	5:21.7	28:34.9	10:29.1	44:26.0
Jody Griffith	14	6:02.6	39:08.7	11:02.4	56:14.0
Debbie Horner	15	5:32.0	27:07.5	10:27.4	43:07.0
Megan Ireland	16	5:03.6	27:24.2	11:12.0	43:40.0
Gemma Jordan	17	4:33.3	32:13.5	13:36.5	50:24.0
Julie Kirby	19	6:38.4	29:17.7	12:07.3	48:04.0
Pattie Milligan	20	5:39.2	32:55.6	13:36.9	52:12.0
Leisa Norrish	21	5:18.3	27:48.4	13:46.5	46:54.0
Tara Lambert	22	5:35.1	24:36.8	14:59.4	45:12.0
Annwen Oliver	23	3:57.1	23:44.1	8:55.1	36:37.0
Robyn Pang	24	5:07.3	25:22.7	10:11.4	40:42.0
Rhonda Parks	25	7:39.1	36:20.7	12:23.5	56:24.0
Anita Parsons	26	4:32.2	22:50.5	8:16.7	35:40.0
Naomi Pedrochi	27	4:38.7	22:01.8	11:30.1	38:11.0
Sue Penfold	28	4:17.0	23:03.0	9:45.6	37:06.0
Jackie Price	30	7:03.9	29:53.8	13:55.7	50:54.0
Cherie-Ann Riedy	31	4:19.7	1:04:09.1	12:06.7	1:20:36.0
Tonya Scallan	32	4:57.9	34:42.3	11:19.7	51:00.0
Kym Scott	34	6:07.2	31:09.4	11:40.0	48:57.0
Leanne Sowden	35	3:46.9	26:45.3	11:18.8	41:51.0
Debra Stenning	36	4:29.4	28:17.3	11:15.6	44:03.0
Sandra Palmer	37	4:00.6	25:15.6	11:19.5	40:36.0
Julie Kinninmont	38	5:23.4	27:03.1	9:17.6	41:45.0
Tracey Williamson	39	4:27.0	26:49.2	9:31.5	40:48.0
Eleanor Andrew	41	4:30.5	30:58.6	10:18.5	45:48.0
Patricia Alpiste	42	5:39.3	31:52.4	12:22.3	49:54.0
Angela Edwards	43	4:46.3	25:23.3	12:23.9	42:34.0
Josie Anderson	44	5:53.5	25:34.9	10:09.3	41:38.0
Mandy Anderson	45	5:34.9	28:36.1	11:14.2	45:26.0
Shaz Attree	46	6:44.9	38:02.1	18:54.2	1:03:42.0
Victoria Bailey	47	6:18.7	33:53.6	12:38.0	52:51.0
Sarah Ball	48	5:11.8	26:48.6	11:33.6	43:34.0
Danielle Barbera	49	5:41.9	30:25.6	12:33.6	48:42.0
Melanie Barnard	50	5:20.1	27:37.6	11:07.1	44:05.0
Marian Barnard	51	7:17.8	41:12.7	19:36.2	1:08:07.0
Rayna Barr	52	6:22.5	26:31.3	11:13.0	44:07.0
Zara Bastow	53	5:38.9	33:50.9	12:31.4	52:02.0



2010 Nina's Womens Tri

Name	Bib No	Swim Time	Ride Time	Run Time	Tot Time
Alicia Bearman	54	4:42.6	27:47.6	10:55.7	43:26.0
Nancy Birch	55	5:52.7	27:49.2	11:01.1	44:43.0
Helen Briggs	56	4:22.6	27:00.7	10:19.5	41:43.0
Lora Brown	57	8:01.0	35:20.4	14:45.9	58:08.0
Clare Brown	58	4:33.2	24:09.8	11:22.6	40:06.0
Susan Brozicevich	59	10:03.3	37:00.6	16:34.6	1:03:39.0
Jen Burrows	61	6:15.9	26:39.2	18:09.4	51:05.0
Lisa Burrows	62	5:25.2	31:41.6	13:39.2	50:46.0
Zoe Campbell	64	4:33.8	26:46.7	11:46.9	43:08.0
Tahnee Carbone	65	4:12.7	25:31.9	10:38.2	40:23.0
Julieann Chalk	66	4:56.5	24:58.7	11:02.1	40:58.0
Naomi Chandler-Wilson	67	4:57.8	27:15.0	12:46.5	45:00.0
Sonya Clark	68	5:49.5	31:49.2	16:52.6	54:32.0
Krellyn Crofts	70	10:19.9	25:57.5	9:23.7	45:42.0
Charise D'Ath	71	7:21.0	35:30.8	15:19.1	58:11.0
Lana Davies	72	6:37.0	25:57.9	12:01.1	44:36.0
Robyn Davis	73	4:35.3	20:48.7	10:13.0	35:37.0
Sandra Dawson	74	6:18.2	30:42.9	12:26.3	49:28.0
Lee deGrussa	75	6:46.0	30:06.1	13:38.8	50:31.0
Donna Dipane	76	5:21.3	26:56.1	11:04.1	43:22.0
Allison Donnelly	77	5:44.3	30:28.4	12:29.7	48:43.0
Kylie Doust	78	5:41.4	34:00.2	10:41.3	50:23.0
Sarah` Dowse	79	5:28.4	28:41.9	12:07.9	46:19.0
Terri Earley	81	6:37.4	30:29.0	10:27.5	47:34.0
Jaye Edwards	82	8:01.3	27:56.9		
Jennifer Elson	83	5:24.2	25:46.6	10:37.8	41:49.0
Melanie English	84	5:34.9	27:02.2	12:00.5	44:38.0
Rachelle English	85	5:13.5	29:59.0	12:06.5	47:19.0
Silver Naumoska	86	5:41.3	27:15.2	9:23.3	42:20.0
Rosie Shedden	87	9:22.1	32:00.7	15:04.3	56:28.0
Fiona Farren	89	7:11.3	31:59.6	14:06.4	53:18.0
Sian Fenn	90	6:17.1	26:20.0	0:12:17	0:44:54
Michelle Fleming	91	5:26.1	28:30.3	11:24.1	45:21.0
Emily Franco	92	4:30.3	27:43.0	10:10.7	42:24.0
Elisa Freitas	93	6:01.5	33:05.5	10:41.3	49:49.0
Claire Golding	98	3:35.5	22:06.9	7:10.6	32:53.0
Tricia Gray	100	6:06.4	24:34.4	12:38.6	43:20.0
Lynette Grebe	101	6:32.3	33:30.4	14:18.5	54:22.0
Josephine Gregg	102	5:05.3	31:00.0	11:22.3	47:28.0
Jeanette Grenier	103	7:59.1	28:55.5	13:51.2	50:46.0
Alice Hall	104	4:23.4	26:12.8	8:03.1	38:40.0
Felicity Harris	105	6:30.0	28:30.5	10:59.7	46:01.0
Nicolette Heath	106	5:37.8	28:16.6	9:08.4	43:03.0
Sarah Henderson	107	4:38.5	25:23.8	9:10.9	39:14.0
Clare Holmes	109	4:44.3	23:23.0	11:11.8	39:20.0
Joy Home	110	3:33.3	23:56.1	10:04.3	37:34.0
Kanella Hope	111	5:06.6	26:40.4	12:47.8	44:35.0



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Name	Bib No	Swim Time	Ride Time	Run Time	Tot Time
Sheila Howard	112	6:51.1	26:55.3	12:05.5	45:52.0
Rebecca Howe	113	5:01.0	22:22.7	9:43.2	37:07.0
Josephine Hutcheson	114	5:47.1	25:53.6	16:04.5	47:46.0
Lindy Ingram	115	5:28.9	30:54.7	10:04.4	46:28.0
Sue Ivers	117	5:51.6	29:26.3	12:38.8	47:57.0
Sherree Jones	119	5:30.5	24:14.5	10:16.4	40:02.0
Tarryn Jones	120	4:46.8	24:42.1	11:27.4	40:57.0
Sharon Joyce	121	6:02.1	28:04.9	10:05.9	44:13.0
Stephanie Kavanagh	122	5:29.3	30:31.7	10:12.2	46:14.0
Linette Kandle	124	6:29.1	29:39.2	10:41.5	46:50.0
Michele Keyser	125	6:03.3	29:22.4	12:32.2	47:58.0
Kasha Kirby	126	5:14.8	28:24.3	10:06.7	43:46.0
Frances Kirchner	127	6:04.0	28:06.8	12:51.8	47:03.0
Zoe Bouteloup	128	2:13.4	29:50.5	10:23.9	42:28.0
Tammie Kirk	129	9:50.4	30:32.0	10:30.3	50:53.0
Louise La Grange	130	10:06.4	31:04.8	15:43.3	56:55.0
Sharon Larking	131	8:55.1	25:28.0	11:22.0	45:46.0
Sandra Lau	132	8:41.6	24:02.9	8:58.6	41:44.0
Lisa Lay	133	8:21.9	23:23.7	9:30.8	41:17.0
Leeanna Parnell	134	9:31.2	28:15.0	11:00.4	48:47.0
Joanna Lequaietermaine	135	10:08.2	40:55.1	12:59.4	1:04:03.0
Corinne Lord	136	7:35.4	22:37.8	9:19.6	39:33.0
Chantell Loxton	137	8:57.6	27:49.8	11:51.8	48:40.0
Mel Luzi	138	11:50.9	27:25.8	9:32.1	48:49.0
Melinda Mackean	139	9:12.8	29:43.3	10:20.0	49:17.0
Sarah Maguire	140	8:43.0	29:27.3	10:45.7	48:56.0
Jodi Maisey	142	7:58.6	23:50.0	9:53.3	41:42.0
Tricia Mangano	143	8:55.3	24:12.9	9:40.3	42:49.0
Courtney Marshall	144	8:58.6	31:28.2	12:58.1	53:25.0
Gemma Marshall	145	8:43.2	26:33.6	13:25.2	48:42.0
Amy Martindale	146	8:55.3	29:22.8	10:04.9	48:23.0
Jackie Maughan	147	9:51.0	24:06.6	9:15.8	43:14.0
Kristina May	148	9:27.2	27:52.6	12:07.5	49:28.0
Yvonne Lai	149	8:17.0	29:28.7	9:58.0	47:44.0
Sallyanne Cantwell	150	6:45.0	25:58.3	11:46.9	44:31.0
Julie McCormack	151	10:08.4	25:13.9	12:26.5	47:49.0
Cathy McGill	153	8:57.9	24:21.4	11:09.2	44:29.0
Bree Milligan	156	8:59.7	34:58.7	10:47.7	54:47.0
Sari Mincham	157	8:22.1	26:40.4		
Engela Mitrevski	158	11:26.5	27:56.3	8:59.0	48:22.0
Suzana Mitrevski	159	10:13.5	24:57.2	12:07.3	47:18.0
Juanita Mooney	160	11:46.9	28:46.6	12:25.6	53:00.0
Lesley Motion	162	10:50.7	31:19.8	12:22.4	54:33.0
Shendelle Mullane	163	10:30.3	33:11.1	12:03.7	55:46.0
Anna Munns	165	11:14.8	29:16.2	11:40.1	52:12.0
Rikki Nettleton	167	11:54.8	37:27.7	13:50.2	1:03:13.0
Ciara O' Connor	168	8:56.0	26:56.9	10:07.8	46:01.0



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Name	Bib No	Swim Time	Ride Time	Run Time	Tot Time
Michelle Ongley	170	9:40.3	22:47.0	9:55.3	42:23.0
Lucy Webb-Martin	171	9:26.5	28:49.8	11:48.0	50:05.0
Zoe O'Reilly	172	9:42.7	29:05.5	10:31.5	49:20.0
Alison O'Sullivan	173	9:55.8	24:02.4	10:24.4	44:23.0
Annette Owen	174	8:46.0	24:40.1	10:39.2	44:06.0
Bethany Palmer	175	8:50.4	27:30.5	13:37.2	49:59.0
Kelly Polglase	176	10:28.4	27:02.6	10:33.8	48:05.0
Tania Raynsford	177	10:04.5	24:26.8	10:37.9	45:10.0
Lisa Robinson	178	9:08.0	20:20.1	8:14.3	37:43.0
Nikki Rouse	180	9:32.0	28:43.0	9:58.6	48:14.0
Natsuno Sasaki	181	8:07.1	27:34.5	11:16.0	46:58.0
Tenille Satie	182	8:55.4	33:51.8	9:31.8	52:19.0
Casey Sawyer	183	9:12.9	22:35.4	10:04.8	41:54.0
Helen Scott-farris	184	9:04.7	28:46.1	10:45.8	48:37.0
Delphine Shea	186	11:42.8	36:39.2	16:19.4	1:04:42.0
Karen Smaniotto	187	8:03.1	25:39.8	10:39.4	44:23.0
Lauren Smaniotto	188	7:33.8	26:52.8	8:24.9	42:52.0
Dani Somers	189	8:08.0	24:55.1	9:44.3	42:48.0
Alison Spence	190	10:13.6	28:19.3	10:21.3	48:55.0
Stephanie Spottiswood	191	10:17.1	33:16.2	14:14.0	57:48.0
Maureen Staltari	192	11:35.0	47:29.1	19:22.4	1:18:27.0
Katrina Taaffe	193	5:18.4	26:36.1	9:16.5	41:11.0
Kate Tatham	194	8:29.0	25:46.6	10:28.4	44:44.0
Dana Taylor	195	8:34.8	25:45.8	9:30.5	43:52.0
Nicola Taylor	196	8:05.8	23:32.8	8:07.3	39:46.0
Jodie Testrow	197	9:18.6	29:20.5	11:24.1	50:04.0
Molly Tolchard	199	8:32.2	25:55.4	10:41.6	45:10.0
Cara Van schalkwyk	200	8:20.8	23:12.2	8:19.4	39:53.0
Jenny Vindin	201	13:03.5	31:50.4	15:02.9	59:57.0
Georgina Warden	203	9:36.1	28:12.0	16:18.2	54:07.0
Katherine Webster	204	8:46.0	19:35.0	13:20.7	41:42.0
Cheryl Wheals	205	10:45.7	25:18.5	10:25.3	46:30.0
Maya Whitely	208	9:14.3	26:12.3	10:10.8	45:38.0
Michelle Winwood	209	9:04.1	24:51.5	9:37.4	43:33.0
Ali Abdo	211	8:42.7	32:09.7	10:35.5	51:28.0
Tania Atwell	212	9:00.6	24:13.1	10:59.9	44:14.0
Louise Brown	213	10:38.1	32:46.3	11:16.6	54:41.0
Narelle Cooke	214	12:41.0	29:48.5	12:46.2	55:16.0
Carly Elson	217	10:28.6	19:32.6	9:40.4	39:42.0
Sue English	218	11:09.5	24:46.2	10:53.7	46:50.0
Katherine Feddema	219	10:59.0	25:50.9	12:54.8	49:45.0
Liz Fenn	220	10:43.4	24:51.7		
Raelene Finlay	221	10:16.4	33:55.0	12:51.3	57:03.0
Kelly Frisina	222	12:20.8	32:57.2	14:34.9	59:53.0
Liz Frost	223	10:21.5	29:56.1	9:38.0	49:56.0
Gemma Gelmi	224	10:48.6	26:13.8	9:43.8	46:47.0
Susy Glenister	225	10:49.7	23:38.6	9:18.7	43:47.0



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Name	Bib No	Swim Time	Ride Time	Run Time	Tot Time
Ellie Godson	226	10:17.3	26:28.3	9:28.3	46:14.0
Lorraine Grassie	227	11:39.3	24:10.0	10:13.1	46:03.0
Sylvia Griffin	229	13:17.1	25:02.2	12:14.0	50:34.0
Beverly Harbour	230	12:03.7	34:15.7	9:59.7	56:20.0
Cara Harris	231	9:41.6	31:34.4	11:33.0	52:49.0
Joanne Hartnup	232	11:39.1	28:58.4	13:56.8	54:35.0
Kimberley Hartnup	233	10:42.4	30:58.2	12:12.9	53:54.0
Rachelle Kostanski	235	11:23.4	23:27.6	11:46.0	46:37.0
Rebecca Hatten	236	10:21.2	30:53.2	14:03.2	55:18.0
Jo Haworth	237	9:56.4	21:23.5	8:26.6	39:47.0
Julie Howells	241	11:33.6	27:40.9	11:16.7	50:32.0
Nicole Ireland	242	10:22.5	22:44.1	8:50.7	41:58.0
Laura Johansen	243	11:57.7	27:46.0	10:55.9	50:40.0
Jodi Larke	245	10:38.7	23:38.1	9:49.3	44:07.0
Helen Leyendekkers	246	12:11.2	30:14.1	12:31.3	54:57.0
Georgia Leyendekkers	247	12:14.1	32:29.2	12:29.3	57:13.0
Abby Leyendekkers	248	11:15.5	29:02.5	11:31.4	51:50.0
Emma Linton	249	11:14.0	32:15.2	12:22.6	55:52.0
Natalie Mateljan	251	12:17.2	38:25.2	13:45.6	1:04:28.0
Joanne Mckenzie	252	11:55.6	32:34.6	13:41.4	58:12.0
Nicky Mcmanus	253	11:41.1	27:34.1	12:32.3	51:48.0
Bernadette Midson	254	10:58.6	23:19.4	9:41.2	44:00.0
Teri Baker	256	11:15.1	27:38.5	10:01.1	48:55.0
Angela Murray	258	12:56.9	29:18.0	11:54.4	54:10.0
Valerie Newbold	259	14:07.8	34:56.8	16:48.4	1:05:53.0
Kerry Oliver	261	12:01.3	30:54.0	14:39.2	57:35.0
Shauna Oxby	263	11:29.3	26:19.4	6:33.5	44:23.0
Nadia Ozaibi	264	13:20.4	32:09.0	14:25.6	59:55.0
Melissa Pannett	265	12:39.6	28:42.4	12:28.1	53:51.0
Samantha Peacock	266	14:18.5	27:19.2	15:10.5	56:49.0
Teigen Pearce	267	10:42.3	28:56.2	12:39.8	52:19.0
Marrissa Pirie	268	12:01.3	31:19.3	12:56.5	56:18.0
Anna Popadyne	269	12:51.2	34:24.7	14:10.7	1:01:27.0
Jaye Reynolds	270	9:40.3	23:17.1	9:15.5	42:13.0
Cherie Russell	272	12:00.3	30:25.5	11:36.6	54:03.0
Hayley Ryan	273	11:12.8	29:44.1	11:01.1	51:58.0
Natasha Shields	274	11:12.1	25:56.9	9:57.8	47:07.0
Sarah-Jo Smith	275	11:24.0	26:45.3	10:17.1	48:27.0
Danusia Smith	276	15:33.4	39:37.5	18:56.8	1:14:08.0
Kerry Steele	277	12:26.0	34:07.9	15:35.6	1:02:10.0
Amber Steffens	278	10:54.5	27:46.1	11:42.0	50:23.0
Linda Stenning	279	10:38.8	24:42.2	12:46.4	48:08.0
Jenie Stone	280	10:13.7	26:43.7	8:03.1	45:01.0
Joanna Sykes	281	10:35.9	28:36.1	13:05.2	52:18.0
Alex Taylor	282	12:21.9	33:48.2	16:06.4	1:02:17.0
Abby Telfer	283	11:11.8	24:35.3	8:47.2	44:35.0
Angelina Travers	284	11:35.2	23:42.9	8:58.7	44:17.0



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Name	Bib No	Swim Time	Ride Time	Run Time	Tot Time
Belinda Walker	285	11:06.8	28:06.8	10:02.7	49:17.0
Raelene Watkins	286	12:24.1	26:51.7	14:20.5	53:37.0
Bev Webb-martin	287	11:30.9	29:37.0	10:43.6	51:52.0
Sophie Wheeler	288	9:47.0	24:42.0	10:08.8	44:38.0
Michelle Widmer	289	11:07.2	27:24.9	10:43.9	49:16.0
Cally Yates	290	12:19.5	31:08.1	13:18.9	56:47.0
Carolynn Hill	291	11:26.7	28:06.2	12:29.8	52:03.0
Rachel Austin	292	10:33.1	28:46.6	9:58.6	49:19.0
Sally Barnden	293	9:34.8	22:09.0	10:17.1	42:01.0
Kaye Bastow	294	10:55.8	25:18.5	12:57.6	49:12.0
Myrna Carbone	295	11:32.7	23:52.1	10:54.1	46:19.0
Lee Crispin	296	11:36.7	34:44.3	12:16.1	58:38.0
Kathryn Davies	297	11:50.1	25:12.7	9:41.0	46:44.0
Julie Hogan	301	11:20.3	25:27.3	9:21.4	46:09.0
Carol Ireland	302	12:40.3	30:31.9	15:52.1	59:05.0
Litani Looby	305	10:19.4	25:48.4	9:22.2	45:30.0
Pauline Meek	306	11:48.9	27:47.7	11:07.7	50:45.0
Suzanne O'Connell	307	12:01.4	30:42.4	12:29.1	55:13.0
Annie Rose	308	11:09.5	28:50.4	11:21.6	51:22.0
Kim Shepherd	309	11:32.0	21:37.7	11:03.4	44:14.0
Megan Shine	310	10:25.7	23:13.4	8:51.0	42:31.0
Catherine Sloan	311	10:04.0	21:24.1	8:30.5	39:59.0
Natalie Smith	312	11:32.8	32:27.9	13:07.1	57:08.0
Georgina Stoeckel	313	12:03.2	27:37.5	10:03.4	49:45.0
Larissa Taylor	314	10:27.2	24:38.3	8:15.0	43:21.0
Jill Tuia	316	11:39.9	26:16.8	9:42.8	47:40.0
Lesley Vick	317	10:35.5	31:40.5	12:51.4	55:08.0
Amy Williamson	319	11:16.0	21:20.2	9:24.9	42:02.0
Suzanne Clarke	320	12:23.3	18:04.0	9:57.9	40:26.0
Gaye Cockram	321	11:43.1	22:18.8	8:14.3	42:17.0
Alison Martin	322				55:45.2
Sue Ellen Jerrard	323	10:15.6	27:18.0	10:37.0	48:11.0
Maree Merrett	324	9:49.8	29:36.6	12:13.4	51:40.0