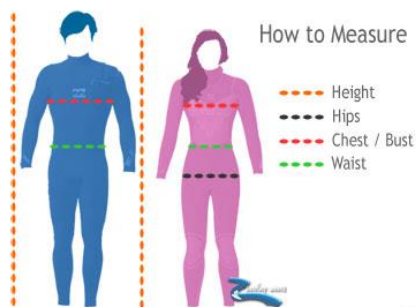




17 HOURS LADIES SIZING GUIDE - TWO PIECE TRIATHLON KIT (BODY MEAUREMENTS)

		X SMALL	SMALL	MEDIUM	LARGE	XL	2XL	3XL
CHEST	CM	73 – 79cm	79 – 85cm	85 – 91.5cm	91.5 -98cm	98 – 104cm	104 – 110.5cm	110.5 – 116cm
	INCHES	29 - 31	31 – 33 ½	33 ½ - 36	36 – 38 ½	38 ½ - 41	41 – 43 ½	43 ½-45 ½
WAIST	CM	55 – 61cm	61 – 67cm	67 – 73.5cm	73.5 – 80cm	80 – 86cm	86 -93cm	93 – 99cm
	INCHES	22 - 24	24 - 26 ½	26 ½ - 29	29 – 31 ½	31 ½ - 34	34 – 36 ½	36 ½ - 39
HIPS	CM	73 – 80cm	80 -86.5	86.5 -98cm	98 – 104cm	104 -110.5cm	110.5 -115cm	115 – 120cm
	INCHES	29 – 31 ½	31 ½ -34	34-39	39-41	41 – 43 ½	43 ½ - 45	45 - 47

cm



Measurement Guide

Chest - Measure around the fullest part of your chest (across the breast line).

Waist - Measure around the waistline just below the ribcage (navel) keeping the tape horizontal and taut.

Hips - Feet together, Measure around the fullest part of your hips.

Note: Triathlon garments are generally designed to result in a tight body fit when worn to enable swimming, cycling and running to function effectively and reduce drag. If you are not comfortable with a

tighter fit it is recommended you go the next size up. Alternatively if you're sizing places you borderline, choose the smaller size for a tighter fitting garment. The above chart is a general guideline and sizes may vary slightly. Many athletes' body shapes even with the same size guidelines may vary in body shape/composition. In in doubt, Please feel free to contact us with your height/weight as this can give us an even more accurate indication.



17HOURS MENS SIZING GUIDE – TWO PIECE TRIATHLON KIT (BODY MEAUREMENTS)

		SMALL	MEDIUM	LARGE	XL	2XL	3XL	4XL
CHEST	CM	76 - 85cm	85 - 94cm	94 -103cm	103 - 112cm	112 - 120cm	120 - 129cm	129 - 138cm
	INCHES	30 - 33 ½	33 ½ - 37	37 - 40 ½	40 ½ - 44	44 - 47 ½	47 ½- 51	51 - 54 ½
WAIST	CM	71 - 76cm	76 - 81cm	81 - 86cm	86 - 91cm	91 -96cm	96 - 101cm	101 - 106cm
	INCHES	28 - 30	30 - 32	32 - 34	34 - 36	36 - 38	38 - 40	40 - 42
HIPS	CM	76 - 85cm	85m - 94cm	94 - 103cm	103 - 112cm	112 -120cm	120 - 129cm	129 - 138cm
	INCHES	30 - 33 ½	33 ½ - 37	37 - 40 ½	40 ½ - 44	44 - 47 ½	47 ½- 51	51 - 54 ½

Chest – Measure around the fullest part of your chest (across the breast line).

Waist – Measure around the waistline just below the ribcage (navel) keeping the tape horizontal and taut.

Hips – Feet together, Measure around the fullest part of your hips

Note: Triathlon garments are generally designed to result in a tight body fit when worn to enable swimming, cycling and running to function effectively and reduce drag. If you are not comfortable with a tighter fit it is recommended you go the next size up. Alternatively if you're sizing places you

borderline, choose the smaller size for a tighter fitting garment. The above chart is a general guideline and sizes may vary slightly. Many athletes' body shapes even with the same size guidelines may vary in body shape/composition. In in doubt, Please feel free to contact us with your height/weight as this can give us an even more accurate indication.

