



# nina's 12 NOVEMBER 2017

## Gold Distance 200m Swim/10km Cycle/2km Run

RaceNo	First Name	Last Name	Time	Swim	Cycle	Run
97	Helen	Ablett	00:48:16	00:04:45	00:28:31	00:14:58
201	Helen	Adams	00:39:41	00:04:01	00:24:57	00:10:42
188	Chrissie	Allen	00:48:29	00:05:40	00:27:23	00:15:24
189	Rikki	Allen	00:44:04	00:04:14	00:28:17	00:11:31
119	Patricia	Alpiste	00:52:10	00:05:45	00:31:43	00:14:41
250	Claire	Anderson	00:45:03	00:04:59	00:27:37	00:12:25
190	Tracy	Avis	00:44:18	00:04:50	00:26:41	00:12:45
83	Brooke	Bacon	01:10:27	00:06:48	00:45:51	00:17:46
71	Victoria	Bailey	00:40:21	00:04:11	00:25:17	00:10:51
77	Ebony	Bajaky	00:44:45	00:06:28	00:25:29	00:12:46
191	Leigh	Barrett	00:47:58	00:04:46	00:29:28	00:13:42
251	Lorrae	Barron	00:49:27	00:05:31	00:32:40	00:11:14
84	Leonie	Barwick	00:48:58	00:05:39	00:29:31	00:13:46
78	Michelle	Bickers	00:48:29	00:06:45	00:27:24	00:14:18
202	Lily	Birch	00:45:16	00:04:56	00:29:34	00:10:45
85	Emma	Bourke	00:55:39	00:08:39	00:31:42	00:15:16
193	Emily	Bourne	00:48:56	00:04:51	00:29:24	00:14:39
203	Zoe	Bouteloup	00:51:34	00:04:13	00:34:23	00:12:56
79	Angela	Brett	00:50:33	00:06:03	00:31:10	00:13:18
194	Anne	Briede	00:52:33	00:04:55	00:30:37	00:16:59
214	Rachel	Brogan	00:40:36	00:05:08	00:22:58	00:12:28
81	Melissa	Buswell	00:46:46	00:05:09	00:29:49	00:11:47
86	Candice	Carlisle	01:08:21	00:06:17	00:44:19	00:17:43
82	Tammy	Carton	01:05:52	00:07:51	00:34:37	00:23:22
87	Gail	Chown	00:57:04	00:06:19	00:35:52	00:14:52
89	Lorraine	Clemons	00:48:53	00:07:05	00:27:08	00:14:38
215	Rianda	Clemons	0:39:23	0:04:15	0:24:48	0:10:20
90	Hayley	Clince	00:56:12	00:06:41	00:36:32	00:12:57
216	Teneale	Cole	00:52:43	00:05:22	00:30:19	00:17:00
100	Christina	Coman	00:51:01	00:07:54	00:30:31	00:12:34
106	Lee	Cooper	00:52:12	00:07:09	00:30:14	00:14:48
94	Sally	Cowden	00:39:49	00:04:52	00:01:57	00:32:58
107	Vynka	Cridge	00:51:09	00:05:13	00:33:20	00:12:34
217	Dale	Crow	00:37:43	00:04:39	00:23:19	00:09:43
108	Anne	Curd	01:08:36	00:08:18	00:41:41	00:18:35
109	Kym	Dalton	00:58:41	00:06:00	00:36:08	00:16:32
218	Sarah	Dalton	00:48:57	00:04:24	00:32:41	00:11:50
219	Joanne	Davies	01:02:58	00:05:11	00:37:58	00:19:49

101	Lisa	Dent	00:49:01	00:07:15	00:29:10	00:12:35
102	Gemma	Denton	00:54:04	00:06:10	00:33:15	00:14:38
204	Jamie	Donohoe	00:52:28	00:06:00	00:32:12	00:14:14
237	Sophie	Donovan	00:52:22	00:06:01	00:36:19	00:10:01
238	Sandra	Downes	00:46:04	00:05:57	00:28:40	00:11:26
103	Tammy	Duff	00:53:41	00:07:11	00:31:14	00:15:13
111	Chloerissa	Eadie	00:52:01	00:05:24	00:33:22	00:13:14
112	Kirsty	Emmerton	01:05:36	00:09:13	00:37:59	00:18:22
113	Bec	Emmerton	00:54:28	00:07:55	00:29:38	00:16:54
114	Alison	Evans	00:55:30	00:06:59	00:33:44	00:14:45
93	Kym	Eversden	00:45:37	00:04:57	00:28:49	00:11:49
239	Sonia	Fels	00:48:27	00:06:19	00:28:45	00:13:22
240	Catherine	Fletcher	00:48:51	00:06:07	00:26:36	00:16:06
241	Fiona	Florance	00:53:45	00:05:09	00:33:52	00:14:42
105	Liz	Francis	00:48:38	00:05:26	00:30:08	00:13:03
242	Ingrid	Franklin	01:10:02	00:07:39	00:41:00	00:21:21
227	Eboney	Franklyn	00:41:56	00:03:33	00:26:04	00:12:18
129	Joy	Frisina	00:52:03	00:07:11	00:28:45	00:16:06
98	Kristene	Futia	00:56:34	00:05:32	00:35:26	00:15:35
228	Suzie	George	00:49:25	00:05:14	00:29:51	00:14:19
229	Reily	George	00:45:57	00:04:50	00:27:34	00:13:31
130	Laura	Gibbs	00:48:02	00:06:14	00:28:40	00:13:07
259	Jade	Goodsell	00:52:04	00:06:20	00:32:43	00:13:00
131	Natalie	Gould	00:59:12	00:06:03	00:37:31	00:15:37
132	Lorna	Groves	00:46:12	00:05:36	00:30:04	00:10:30
133	Jenny	Groves	00:47:06	00:05:48	00:29:22	00:11:54
260	Amanda	Guerin	00:29:48	00:05:56	00:13:56	00:09:55
230	Linda	Harris	00:49:30	00:04:35	00:30:00	00:14:53
123	Gillian	Hill	00:54:31	00:05:58	00:31:52	00:16:39
72	Maria	Hingston	01:07:08	00:08:02	00:39:23	00:19:41
261	Maya	Hogarth	00:49:28	00:05:19	00:30:21	00:13:47
262	Nicole	Holmes	00:49:57	00:04:41	00:33:23	00:11:51
263	Candice	Holmes	00:50:53	00:05:24	00:30:45	00:14:42
165	Sheila	Howard	00:56:45	00:10:07	00:30:26	00:16:10
264	Annette	Howe	00:52:34	00:06:30	00:30:00	00:16:03
163	Lisa	Hubbard	00:55:29	00:06:17	00:32:24	00:16:46
134	Susan	Hughes	00:55:20	00:09:03	00:30:12	00:16:03
124	Lisa	Hynes	00:52:01	00:05:42	00:30:47	00:15:30
125	Tracey	James	01:08:16	00:05:51	00:45:58	00:16:25
126	Jamie-Lee	James	00:46:32	00:05:23	00:27:41	00:13:27
136	Sara	Jones	00:45:19	00:04:52	00:28:22	00:12:03
121	Meghan	Kan	00:52:35	00:04:56	00:32:55	00:14:44
137	Susan	Kay	00:54:02	00:05:22	00:34:21	00:14:18
280	Andrea	Keddie	00:45:04	00:05:25	00:26:47	00:12:50
281	Tanya	Kershaw	00:42:09	00:06:00	00:24:10	00:11:57
282	Ebony	Kershaw	00:50:39	00:05:05	00:33:56	00:11:37
151	Julie	Kirby	00:46:41	00:06:07	00:26:15	00:14:17
152	Josette	Knox	00:54:30	00:06:26	00:33:03	00:15:00
95	Stacey	Kowal	01:03:27	00:04:57	00:40:55	00:17:34
284	Crystal	Larsen	00:45:00	00:05:55	00:27:44	00:11:20
127	Raina	Laurie	01:13:01	00:10:06	00:42:20	00:20:34
128	Bec	Lawn	00:46:34	00:05:24	00:26:39	00:14:29
154	Joanne	Lawson	00:48:01	00:06:04	00:26:53	00:15:03
139	Lorraine	Learmond	01:10:23	00:09:34	00:41:04	00:19:43
155	Marina	Leatherbarrow	00:53:27	00:05:54	00:31:18	00:16:13
252	Courtney	Lee	00:54:49	00:04:38	00:35:19	00:14:51
253	Lara	Lee	00:54:20	00:05:58	00:33:28	00:14:52
156	Sonya	Leverence	01:02:17	00:08:04	00:37:50	00:16:21

158	Kerry	Loftus	01:03:12	00:08:35	00:38:03	00:16:33
285	Rebecca	Martin	00:52:03	00:06:25	00:31:44	00:13:52
146	Megan	Mason	00:56:50	00:06:30	00:35:46	00:14:32
286	Nicole	Matthews	00:52:08	00:04:58	00:32:54	00:14:15
300	Amber	Mc Eldowney	0:49:19	0:04:36	0:30:25	0:14:18
160	Lisa	McClintock	01:03:25	00:07:47	00:37:55	00:17:41
161	Ashleigh	McClintock	01:02:52	00:06:06	00:38:42	00:18:03
174	Julie	McCreggan	00:54:50	00:06:58	00:32:57	00:14:53
117	Melanie	Mccrow	00:55:50	00:04:57	00:33:41	00:17:11
175	Michelle	Meads	00:52:38	00:05:40	00:31:19	00:15:37
176	Catherine	Mekins	00:50:49	00:06:47	00:31:30	00:12:30
147	Penny	Melville	01:06:25	00:09:27	00:37:50	00:19:07
288	Tracy	Mills	00:42:52	00:04:18	00:27:01	00:11:31
289	Kylie	Mills	00:48:57	00:06:00	00:30:27	00:12:29
290	Naomi	Milner	00:46:07	00:05:36	00:27:34	00:12:56
148	Patricia	Mitchell	01:03:26	00:08:04	00:38:12	00:17:08
70	Marisa	Moore	01:02:03	00:13:00	00:34:56	00:14:05
177	Suzanne	Mungioli	00:48:34	00:08:11	00:29:12	00:11:10
116	Lisa	Munro	00:43:49	00:04:28	00:25:08	00:14:12
178	Cornel	Naude	00:43:00	00:06:13	00:25:29	00:11:17
179	Mary	Nealon	00:57:13	00:08:47	00:33:16	00:15:08
291	Laura	Nel	00:49:21	00:05:27	00:31:05	00:12:48
164	Valerie	Newbold	00:51:50	00:06:27	00:27:50	00:17:32
142	Julia	Nickels	00:50:44	00:06:00	00:32:08	00:12:35
273	Bev	Nikolich	00:49:10	00:05:08	00:29:43	00:14:17
292	Jennifer	Nobbs	00:43:56	00:05:00	00:27:37	00:11:17
195	Denice	Nock	00:48:36	00:05:20	00:29:06	00:14:08
205	Leisa	Norrish	00:54:24	00:05:13	00:34:18	00:14:52
180	Jade	Northey	01:00:21	00:05:36	00:40:28	00:14:16
196	Colleen	Nuttie	00:51:20	00:05:13	00:34:11	00:11:55
182	Cherie	O'Callaghan	00:53:42	00:07:01	00:32:06	00:14:34
183	Tarnya	Ohara	00:48:49	00:07:44	00:29:07	00:11:56
73	Kayleen	O'Loughlin	01:03:12	00:08:07	00:36:24	00:18:40
92	Catalina	Palazzi	00:48:05	00:04:42	00:30:25	00:12:57
168	Beatriz	Palazzi	00:57:07	00:08:22	00:36:47	00:11:56
115	Louise	Pannek	01:01:56	00:08:08	00:37:04	00:16:43
169	Ariell	Paterson	00:48:29	00:05:46	00:27:46	00:14:56
185	Alison	Paull	00:59:04	00:06:57	00:36:46	00:15:20
206	Lauretta	Peirce	00:48:32	00:04:32	00:30:36	00:13:22
99	Nerida	Pickup	00:45:05	00:06:05	00:28:05	00:10:53
198	Kelly	Platts	00:56:29	00:06:13	00:34:38	00:15:36
272	Chelsea	Prince	01:04:22	00:07:51	00:41:07	00:15:23
120	Naomi	Raven	00:55:19	00:04:46	00:35:05	00:15:27
143	Monica	Raven	00:55:19	00:05:37	00:34:14	00:15:26
199	Andrea	Reilly	01:02:55	00:07:47	00:39:18	00:15:49
200	Lora	Reynecke	00:45:32	00:04:55	00:27:40	00:12:56
186	Tammy	Richards	00:56:27	00:06:18	00:34:29	00:15:38
220	Angela	Richardson	00:49:55	00:05:38	00:32:05	00:12:10
221	Chloe	Richardson	00:51:11	00:04:49	00:34:02	00:12:19
187	Kerry	Ridland	00:49:55	00:06:29	00:28:53	00:14:32
293	Angela	Rimmer	00:56:41	00:05:38	00:35:30	00:15:32
170	Kerry	Rintoul	00:59:28	00:10:13	00:36:32	00:12:42
166	Pamela	Roberts	00:51:10	00:06:05	00:33:54	00:11:09
167	Emma	Roberts	00:50:40	00:05:51	00:33:37	00:11:10
275	Ann	Royden	00:44:36	00:04:44	00:28:26	00:11:24
222	Taryn	Russell	00:56:20	00:06:12	00:35:28	00:14:39
294	Janet	Ryan	00:55:10	00:05:28	00:35:06	00:14:35
209	Lezia	Sandon	00:59:40	00:07:31	00:34:11	00:17:57

295	Natsuno	Sasaki	00:49:12	00:04:33	00:30:40	00:13:58
223	Nicole	Schrama	00:52:42	00:05:28	00:33:11	00:14:00
211	Nicola	Schreiber	00:47:16	00:05:55	00:29:27	00:11:53
212	Narelle	Scott-Miller	00:54:39	00:06:43	00:32:03	00:15:52
224	Emma	Simpson	00:49:21	00:05:39	00:30:27	00:13:13
171	Leena	Singla	00:56:50	00:06:39	00:35:46	00:14:24
173	Leah	Smith	01:04:51	00:06:58	00:39:54	00:17:58
213	Elisha	Spalding	00:48:02	00:06:36	00:29:21	00:12:03
296	Chloe	Stacey	00:53:23	00:04:39	00:33:36	00:15:06
297	Leanne	Stacey	00:52:03	00:05:05	00:32:04	00:14:53
225	Handa	Strydom	00:50:17	00:06:07	00:32:39	00:11:30
226	Janke	Strydom	0:49:47	0:05:37	00:32:39	00:11:30
140	Amy	Sundercombe	00:45:31	00:04:05	00:28:06	00:13:18
243	Kerry	Tacken	00:44:49	00:06:01	00:27:07	00:11:39
244	Donna	Tanoi	00:42:01	00:05:41	00:25:07	00:11:12
232	Janet	Taylor	00:53:26	00:06:57	00:31:46	00:14:42
76	Ruth	Thompson	00:58:06	00:07:30	00:35:27	00:15:08
233	Danika	Thompson	00:51:28	00:06:19	00:31:07	00:14:01
234	Tania	Thomson	00:38:24	00:07:56	00:01:31	00:28:55
246	Molly	Tolchard	00:46:08	00:05:50	00:26:24	00:13:53
247	Ashleigh	Towers	00:50:46	00:05:45	00:31:29	00:13:30
235	Sheryl	Tregidgo	00:50:40	00:08:13	00:31:27	00:10:58
75	Sinead	Trewren	0:56:35	0:05:24	0:35:35	0:15:36
265	Hayley	Tuck	00:50:35	00:06:40	00:28:02	00:15:52
254	Claudia	Waddingham	01:04:05	00:05:30	00:42:59	00:15:34
266	Michelle	Waddingham	00:45:27	00:05:01	00:27:29	00:12:56
267	Bronwyn	Walker	00:47:36	00:05:29	00:28:42	00:13:24
256	Georgina	Warren	00:43:35	00:04:28	00:28:02	00:11:03
257	Belinda	Watkins	00:53:15	00:06:05	00:30:29	00:16:40
122	Sian	Watts	00:43:52	00:05:06	00:27:37	00:11:08
145	Jan	Watts	00:50:21	00:05:47	00:30:25	00:14:07
258	Susan	Watts	01:01:32	00:09:34	00:35:11	00:16:46
184	Zalieka	Webb	00:45:30	00:05:44	00:25:45	00:13:59
268	Jackie	Wells	00:54:08	00:07:29	00:30:03	00:16:34
207	Natalie	Weston	01:04:20	00:04:59	00:40:50	00:18:29
276	Abbey	Westra	00:44:56	00:04:30	00:27:25	00:13:00
277	Chelsea	Westra	00:43:47	00:04:28	00:28:02	00:11:15
149	Sharon	Wheeler	01:03:15	00:07:15	00:40:05	00:15:53
144	Abby	White	00:49:28	00:05:11	00:29:41	00:14:34
141	Tegan	Wilde	00:41:24	00:04:42	00:24:40	00:12:01
269	Michelle	Williams	00:53:52	00:05:26	00:32:34	00:15:50
118	Holly	Wilson	0:57:51	0:07:51	0:31:56	0:18:04
270	Judy	Wilson	00:45:01	00:04:46	00:26:51	00:13:22
96	Joanna	Wilson-Smale	01:11:42	00:07:21	00:41:59	00:22:21
74	Janelle	Wohlrab	01:05:11	00:08:18	00:40:28	00:16:24
271	Kristy	Wood	00:52:39	00:08:01	00:28:58	00:15:38
150	Louise	Wright	00:58:38	00:07:06	00:35:04	00:16:26
278	Maddy	Wright	00:53:46	00:05:17	00:34:16	00:14:12
249	Melanie	Young	00:47:53	00:05:45	00:29:16	00:12:51

