



A. 133 Spencer Street, Bunbury
T. 08 97701107
E. admin@aspirephysiobunbury.com.au
W. http://www.aspirephysiobunbury.com.au



AUSTRALIAN
PHYSIOTHERAPY
ASSOCIATION
Member



THE
AUSTRALIAN
PAIN SOCIETY
MEMBER

Aspire Physiotherapy Triathlon Race 3

Sunday 22nd December 2019 Bunbury Maritime Cadets Turkey Point Sprint Distance



Pos	Name	Wave	RaceNo	Gender	Time	Swim	Cycle	Run	Comments
1	JARRYD HELDT	1	11	M	01:01:27	00:09:16	00:32:27	00:19:42	
2	JAMES MARTIN	1	14	M	01:01:33		00:40:32	00:21:01	*combined swim cycle
3	JASON McNAMARA	1	16	M	01:03:26		00:43:16	00:20:10	*combined swim cycle
4	JARRAD BOLTON	1	2	M	01:03:32		00:41:48	00:21:44	*combined swim cycle
5	NICK KENSINGTON	2	35	M	01:05:17	00:09:29	00:34:00	00:21:48	
6	ROBIN SHARP	2	41	M	01:06:30	00:10:43	00:34:22	00:21:25	
7	LEN HARTLEY	1	10	M	01:08:44		00:47:04	00:21:40	*combined swim cycle
8	JYE CORMACK	1	5	M	01:09:13		00:47:37	00:21:36	*combined swim cycle
9	DEAN SANDERS	1	18	M	01:09:23	00:09:46	00:37:10	00:22:26	
10	BLAKE SEROKA	1	20	M	01:10:13		00:48:14	00:21:59	*combined swim cycle
11	BRYCE BEVIN	1	1	M	01:12:31	00:12:10	00:38:08	00:22:13	
12	JOHANN SCHOLTZ	1	19	M	01:13:44		00:50:50	00:22:54	*combined swim cycle
13	DEAN HOLWILL	1	72	M	01:14:18	00:11:24	00:37:53	00:25:00	
14	DYLAN BROWN	1	3	M	01:14:20	00:10:58	00:38:34	00:24:46	
15	BRYNN WELLS	1	21	M	01:14:54	00:11:18	00:38:14	00:25:21	
16	JACE CORMACK	1	4	M	01:15:33		00:52:47	00:22:46	*combined swim cycle
17	JORGE RAMOS	2	39	M	01:17:11		00:51:40	00:25:31	*combined swim cycle
18	BEN ANDREW	2	22	M	01:20:15	00:13:37	00:40:32	00:26:05	
19	SYLVAIN SMIT	2	43	M	01:20:41		00:52:30	00:28:11	*combined swim cycle
20	BRUCE HOLMES	2	30	M	01:21:12	00:12:38	00:39:27	00:29:06	
21	ADAM SHINE	2	42	M	01:22:15	00:10:37	00:42:56	00:28:40	
22	MATTIAS ERIKSSON	2	27	M	01:23:13	00:13:47	00:38:44	00:30:42	
23	RUSSELL HORLIN	2	32	M	01:23:50	00:12:35	00:41:39	00:29:35	
24	ANDREW COUSINS	2	26	M	01:26:41	00:14:12	00:42:39	00:29:50	
25	DIEGO HERNANDEZ	2	67	M	01:28:22	00:13:59	00:45:23	00:28:58	

26	DARCY HORLIN	1	13	M	01:28:52	00:12:43	00:42:25	00:33:43	
27	BRETT INGLIS	2	33	M	01:51:03				*total time
	BRADEN COLLINS	2	25		00:14:58	00:14:58			Swim only
	ALAN ROBERTSON	2	40		00:50:46	00:17:34		00:33:12	Swim/Run

Pos	Name	Wave	RaceNo	Gender	Time	Swim	Cycle	Run	Comments
1	DIMITY-LEE DUKE	1	7	F	01:05:35	00:09:24	00:34:06	00:22:04	
2	HELEN MORGAN	1	17	F	01:06:56	00:11:33	00:34:23	00:20:59	
3	MEGAN SHINE	1	70	F	01:14:56	00:10:46	00:40:30	00:23:39	
4	JUDY KENSINGTON	2	34	F	01:17:07	00:10:39	00:40:00	00:26:27	
5	MARY MORGAN	2	38	F	01:18:01		00:53:54	00:24:07	*combined swim cycle
6	LEE KRAETER	2	36	F	01:23:53	00:14:02	00:42:18	00:27:32	
7	AMIE HOLWILL	1	12	F	01:24:23	00:09:11	00:44:56	00:30:16	
8	NICOLE HOLZER	2	31	F	01:26:37	00:14:25	00:42:32	00:29:39	
9	LUCY HARRIS	2	29	F	01:28:22	00:13:59	00:45:23	00:28:58	
10	CAROL MELVIN	2	37	F	01:29:17		00:59:12	00:30:05	*combined swim cycle
11	EMMA BOONE	2	23	F	01:29:41	00:13:42	00:46:44	00:29:13	
12	GENELLE ABOLIS	2	44	F	01:36:52	00:14:47	00:46:50	00:35:14	
13	JENAE CAWLEY	2	24	F	01:40:26	00:13:57	00:54:59	00:31:30	